

Red Nutritious Rice

Nutritional Information	Average Value
Starch % -	75
Protein% -	10.5 (High)
Fat% -	3
Fiber% -	0.8
Ca (mg/100g) -	3
Fe (mg/100g) -	2.2
Vitamin B -	Rich

Red Samba Rice (Small Round Grains)

Nutritional Information	Average Value
Starch % -	77
Protein% -	8
Fat% -	2.8
Fiber% -	0.8
Ca (mg/100g) -	1.2
Fe (mg/100g) -	1.13
Vitamin B -	Rich

White Basmati - AROMATIC SOFT RICE

Rice is aromatic, soft and highly palatable. Cooked rice is comparatively little stickier due to lower amylase content.

Nutritional Information	Average Value
Starch % -	88
Protein% -	6
Fat% -	0.4
Fiber% -	0.1
Ca (mg/100g) -	6
Fe (mg/100g) -	1.5
Vitamin B -	Trace

White Premium Samba (Small Round Grains)

Nutritional Information	Average Value
Starch % -	90
Protein% -	6.5
Fat% -	0.5
Fiber% -	0.1
Ca (mg/100g) -	0.9
Fe (mg/100g) -	1.9
Vitamin B -	Trace



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